

Maintain a Healthy Environment

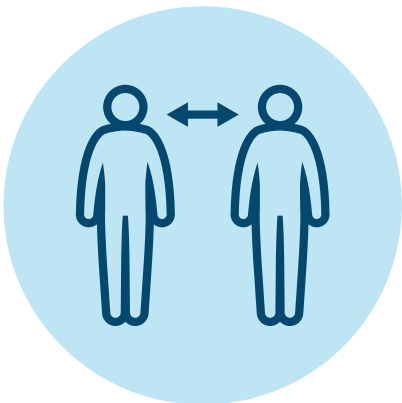


Let's work together to keep the organization a healthy place for everyone.

The Centers for Disease Control and Prevention have provided these tips to help keep you and others healthy.



Stay home when you or your child are sick.



Avoid close contact with people who are sick.



Wash your hands often with soap and water for at least 20 seconds.



Avoid touching your eyes, nose, and mouth.



Clean all workout equipment and other frequently touched objects before and after every use.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

Visit [cdc.gov](https://www.cdc.gov) for more tips to stay healthy.

